

Not Just for Breakfast

Snoqualmie Falls Oatmeal \$4.00

(Oatmeal available on morning trains only)

Served with Dried Fruit, Brown Sugar, Nut Topping and 2% Milk.

Organic Granola \$3.00

Organic Oats, Seeds and Dried Fruit. Wheat and Dairy free with no Nuts. Served with 2% Milk

Breakfast Sandwich \$4.00

Egg and Sausage Bagel with Swiss Cheese.

Broccoli & Cheddar Quiche \$5.50

Creamy Egg Quiche in a Flaky Pastry.

Fruit & Yogurt Parfait \$4.50

Served with Granola.

Mostly Muffins® \$2.50

Pastries & Scones

Bagel & Cream Cheese \$2.25

Dannon® Fruit Yogurt \$2.00

Fat Free

Fresh Whole Fruit \$1.00

Oranges & Apples

Not available on US/Canadian cross border trains.

Your choice may be unavailable due to an unexpected high demand.

Thank you for understanding.

Beverages *no refills*

Coffee Caffe Appassionato \$1.75

Soft Drinks Root Beer, Pepsi \$1.75

Sierra Mist, Diet Pepsi, Diet Sierra Mist

Milk 2%, half pint \$1.50

Regular or Chocolate

Starbucks Vanilla or Mocha \$2.75

Bottled Frappuccino®

Tea/Herbal Tea/Hot Cocoa \$1.75

Lipton Ice Tea 16 oz \$2.25

Fruit Juice 16 oz \$2.25

Gatorade 20 oz \$2.75

Amtrak Cascades Bottled \$2.00

Spring Water 16 oz

Snacks & Sweets

Tim's Cascade Chips \$1.75

Rold Gold Pretzels \$1.75

Peanuts \$2.00

Mostly Muffins® Cookies \$2.25

Featuring the fabulous Dipped Zebra Cookie!

Almond Roca \$2.00

Candies & Chocolate Bars \$2.25

Häagen-Dazs® Ice Cream \$2.00

From the Bar

Featured Craft / Microbrew \$5.75

Pyramid IPA, Widmer Hefeweisen, Deschutes Black Butte Porter, Kokanee Gold

Domestic Beer \$4.75

Budweiser, Bud Light

Cocktails \$6.00

Dewars Scotch, Canadian Club, Jack Daniels, Tanqueray Gin, Absolut Vodka, Bacardi Rum, Jim Beam.

Liqueurs \$6.00

Baileys Irish Cream, Kahlua, Courvoisier VSOP

Selected Wines \$13.00

Cabernet Sauvignon, Chardonnay and Merlot – 375 ml

Sundries

Amtrak Cascades \$3.00

Breath Mints Tin

Playing Cards \$5.00

Pepcid AC,
Tylenol or Motrin \$1.25

Batteries (AA twin pack) \$5.00

- more selections on reverse side -



Fresh Sandwiches

Made for us with the finest ingredients.

Roast Beef & Cheddar \$6.50

Roast Beef, Tillamook® Cheddar, Scallion Cream Cheese Spread, Lettuce and Tomato on a Ciabatta Roll.

Turkey Havarti \$6.50

Oven-Roasted Turkey Breast, Havarti, Cucumbers, Lettuce & Tomato on a light Wheat bread.

Cascades Specialty \$6.50

Check out our featured specialty sandwich.

Soup

Available on afternoon & evening trains.

Ivar's® Clam Chowder \$4.50

First choice of Chowder Traditionalists. This rich satisfying White Chowder is made from Ivar's own Special Recipe. Served with Oyster Crackers.



Service for Vancouver, B.C. has been expanded. Direct service is now offered from Portland with a 2nd daily round-trip from Seattle.

Canadian paper currency is accepted for bistro purchases on international service trains only, Canadian coins are not accepted.

Prices are listed in U.S. Currency and include tax.

Fresh Salads

Chicken Caesar Salad \$6.75

A bowl of crisp Romaine served with Grilled Chicken a Creamy Caesar dressing, Parmesan Cheese and Croutons.

Garden Salad \$5.00

Crisp Romaine with Red Onions, Cherry Tomatoes, Shredded Cabbage and Carrots, served with Balsamic Vinaigrette.

Cascades Specialty \$6.75

Check out our featured specialty salad.

Snacks

Hummus Dip and Crisps \$3.00

Sabra® Brand Roasted Garlic Hummus with Pretzel Crisps.

Rub with Love Party Mix \$5.50

Renowned Chef Tom Douglas' Smoked Almonds, Wasabi Peas, Sesame Crackers and Organic Currants. Salty, Sweet, Savory and Spicy snack mix.

Assorted Cheese Tray \$4.00

Selection of cheeses served with crackers.

Fruit & Yogurt Parfait \$4.50

Served with Granola.

Entrée Selections

Chicken Teriyaki Rice Bowl \$6.50

Chicken and Vegetables, mixed into a bowl of White Rice and Teriyaki sauce.

Mac & Cheese \$5.50

A creamy delight made with real cheeses.

Cascades Specialty \$5.50

Check out our featured specialty entrée.

All Time Favorites

Hebrew National® Hot Dog \$4.00

All Beef Frank

Cheeseburger \$5.50

Flamed Broiled Angus Burger topped with Cheddar Cheese

DiGiorno® Cheese Pizza \$5.50

Vegan Burger \$4.50

Served on a Vegan Bun.

Your choice may be unavailable due to an unexpected high demand.

Thank you for understanding.

- more selections on reverse side -

